

Soroptimist International of the Americas



Central East Coast Region

1st SPRING CONFERENCE

May 3 – May 5, 2019

Annapolis, MD

CALL TO CONFERENCE

The 2019 Spring Conference of Soroptimist International of the Americas Central East Coast Region is hereby called to meet in Annapolis, MD, on May 3, May 4, and May 5 2019 for the purpose of transacting such business as may be on the agenda and may properly come before the Conference.

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At the end of this Call to Conference, Club Presidents will find a Credentials Form, which must be completed and brought to Conference. Completion and presentation of this form will allow appropriate club members to register as delegates.



*Soroptimist International of the Americas
Central East Coast Region*



Dear Members of Soroptimist International Central East Coast Region:

Our journey to a new horizon continues, and many new adventures await us. It gives me great pleasure to welcome each of you to the First Spring Conference for Soroptimist International of the Americas Central East Coast Region.

The theme for the 2018-2020 biennium is, "It's a Journey, Let's Explore, Discover, and Live Our Dreams Together". Planning and attending Spring Conference is an excellent opportunity for all of us to pause, and review where we have been and reassess where our journey will go from here. This is a time for us to come together and participate in SIA's Mission and Dreams Programs so we can continue to improve the lives of women and girls.

The 2019 Spring Conference Planning Committee, led by CECR Governor Elect Connie Morris, has been working diligently to ensure that the weekend is filled with informative workshops, a time for club sharing, club and club member milestone celebrations, club achievement awards, and a relaxing trolley car excursion to historic Annapolis, MD.

I am excited to report that our Federation visitor for this year's Spring Conference will be Dawn Marie Lemonds. Dawn Marie is SIA's Immediate Past President, and she is a member of SI/Newport Harbor Area of Tustin, California. Dawn Marie comes to us with a wealth of Soroptimist knowledge. She will share the Federation's Annual Report, and will also give a presentation on SIA's "Creating Our Future".

On Friday, we will discover historical Annapolis, Maryland by going on a trolley car excursion. Upon returning from the excursion, we will get all dolled up in our Denim and Diamonds attire and attend the **Denim & Diamonds Event & Dinner where we will celebrate "A Night at the Oscars"!!**

We will take a journey together on Saturday afternoon and attend the Region's traditional "Live Your Dream" Awards Luncheon, where we will celebrate and honor six (6) Live Your Dream Award recipients. **Yes, you read correctly, six (6)!!** What an exciting way to start the success stories rolling for our new Region!! You will want to be sure and register for this exciting event!!

Saturday, we will have our business sessions and then Saturday evening will be a time for us to honor clubs and members with milestone awards!!

Everyone is invited to come together on Sunday morning to celebrate the lives of our sister Soroptimists who have willfully given of their time and talents to the Soroptimist Organization. We will honor and remember these wonderful and caring women, who have passed away in the past year, with a "Celebration of Live Memorial Service".

On Sunday morning we will continue the Region's business session and will present more exciting Region awards. Then, it will be time for us to bid each other farewell with hugs, and wishes for much joy and happiness until we meet again!

The Central East Coast Region Board of Directors and I look forward to greeting you and spending quality time together during Conference weekend. It will be a time to be reacquainted with members we have not seen in awhile, a time to meet new members, and a time to make many memories to last a lifetime. I look forward to seeing you all soon.

In Soroptimist Friendship,
Governor Debbie



**Soroptimist International of the Americas
Central East Coast Region**



2018-2020 Region Theme:

“It’s a Journey: Let’s Explore, Discover and Live Our Dreams Together”

Soroptimist International of the Americas Officers

President	Elizabeth Di Geronimo
President-Elect	Tina Wei-Kang Pan
Secretary/Treasurer	Patricia McCay

Central East Coast Region Officers

Governor	Deborah Mackes
Governor-Elect	Connie Morris
Secretary	Betty Ann O’Brien
Treasurer	Cheryl Walter
Board Member	Cindy Swicegood
Board Member	Laura Jones
Immediate SAR Past Governor	Amy Harman
Parliamentarian	LouAnne Hunnicutt

PRELIMINARY AGENDA

“It’s a Journey: Let’s Explore, Discover and Live Our Dreams Together”

1st Spring Conference – Central East Coast Region

Friday, May 3rd

DENIM AND DIAMONDS EVENT & DINNER; A NIGHT AT THE OSCARS!!

9:00 AM – 12:00 PM	Central East Coast Region Board Meeting
1:30 PM – 4:00 PM	Optional Pre-Conference Excursion – Discover Annapolis Historic Trolley Tour
5:30 PM	Reception (Cash Bar)
6:00 PM – 9:00 PM	Denim & Diamonds Event & Dinner; A night at the Oscars!

Saturday, May 4th

9:00 AM – 11:00 AM	General Session
11:00 AM – 11:15 AM	Mid Morning Break (Voting if necessary)
11:15 AM – 12:00 PM	General Session continues <ul style="list-style-type: none">• SIA Federation Report Dawn Marie Lemonds - SIA Immediate Past President
12:15 PM – 1:45 PM	LYD Awards Luncheon
1:45 PM – 2:00 PM	Break
2:00 PM – 2:30 PM	Soroptimist International of the Americas, “Creating Our Future” <ul style="list-style-type: none">• Dawn Marie Lemonds – SIA Immediate Past President
2:30 PM – 4:00 PM	Rotation SIA Pillar Workshops <ul style="list-style-type: none">• Fundraising – Laura Jones – SI Mid Atlantic Online• Membership – Kelly Pierce – SI Prince George and Anne Arundel Counties• Public Awareness<ul style="list-style-type: none">○ Connie Jones – SI-Kent & Queen Anne’s Counties○ Jamila Dalton – SI-Manassas• Program – Committee Chair – Virginia Dempsey – SI-Woodbridge<ul style="list-style-type: none">○ LYD – Margaret Dyer – SI-Manassas○ DIBI – Johann Dretchen – SI Upper Montgomery County

6:00 PM - 6:30 PM Governor's Reception
6:30 PM General Reception (Cash Bar)
6:45 PM - 10:00 PM Dinner and Milestone Awards

Sunday, May 5th

8:30 AM Celebration of Life Memorial Service
9:00 AM – 11:00 AM General Session

- Bennie G. Mendelson Recruitment Award
- The Betty Jean (BJ) Cook Club Achievement Governor's Award
- Celebrating Success Awards

11:30 AM Wrap-Up, announcements, and Board Meeting

GOVERNORS OF SOUTH ATLANTIC REGION

1927-28	Ruby Lee Minar	Washington, DC
1928-30	Ethel Knight Pollard	Washington, DC
1930-32	Mary Catherine Lewis	Washington, DC*
1930-32	Bernadine Schefneker	Detroit, MI*
1932-34*	Nell R. Hysong	Washington, DC
1934-36	Jean Bennett	Washington, DC
1936-38	Jean Bennett?	Washington, DC
1938-40	Edith Reinhardt	Baltimore, MD
1940-42	Viola K. Almony	Baltimore, MD
1942-44	Pearle Sharpe	Arlington, VA
1944-46	Mae C. Bowman	Alexandria, VA
1946-48	Anna P. Rose	Montgomery County, MD
1948-50	Ella C. Werner	Washington, DC
1950-52	Mary Bourke	Washington, DC
1952-54	Lula Feller	Baltimore, MD
1954-56	Margaret F. Schmidt	Williamsburg, VA
1956-58	A. Olivia Nicoll	Washington, DC
1958-60	Mildred Smart	Williamsburg, VA
1960-62	Elizabeth Moorefield	Asheville, NC
1962-64	Blanche T. Rogers	Baltimore, MD
1964-66	Katherine Stinson	Washington, DC
1966-68	Winifred G. Thompson & Rebecca Tinker	Washington, DC Williamsburg, VA
1968-70	Beth Bryson	Baltimore, MD
1970-72	Lyda Gordon Shivers	Greensboro, NC
1972-74	Margaret Supplee	Prince Georges County, MD
1974-76	Flora Lee Muth	Washington, DC
1976-78	Betty Jean "BJ" Cook	Bel Air, MD
1978-80	Jean Deardorff	Westminster, MD
1980-82	Betty F. Mendelson	Alexandria, VA
1982-84	Alma L. Higginbotham	Fairmont, WV
1984-86	Betty C. Roberts	Asheville, NC
1986-88	Lucinda Manarin	Upper Montgomery Co., MD
1988-90	Karen Bautz	Laurel, MD
1990-92	Marie Y. Hughes	Virginia Peninsula, VA
1992-94	Betty Nester	Alexandria, VA
1994-96	R. Lynn Coleman	Jacksonville, NC
1996-98	Deborah O. McKinnon	Washington, DC
1998-2000	LouAnne Hunnicutt	Greenville, SC
2000-2002	Janice Artemel	Washington, DC
2002-2004	Sylvia Winterling	Alexandria, VA
2004-2006	Warie Brock	Montgomery County, MD
2006-2008	Gayle Griffith	Cumberland, MD
2008-2010	Louise Skinner	Kent County, MD
2010-2012	Christy Rumbaugh	Harve de Grace, MD
2012-2014	Willie Mae McCracken	Williamsburg, VA
2014-2016	Robin Davis	Alexandria, VA
2016-2018	Amy Harman	Hampton Roads, VA
2018-2019	Deborah Mackes	Manassas, VA

* In 1932, the South Atlantic Region split, with clubs in Detroit and Akron forming the Midwestern Region.

GOVERNORS OF CENTRAL EAST COAST REGION

*** ON FEBRUARY 1, 2019, THE SOUTH ATLANTIC REGION BECAME CENTRAL EAST COAST REGION**

2019-2020

Deborah Mackes

Manassas, VA



***OFFICIAL SIA VISITOR – CENTRAL EAST COAST REGION
2019 SPRING CONFERENCE
Dawn Marie Lemonds
Soroptimist International of the Americas Immediate Past President***



DAWN MARIE LEMONDS is the Immediate Past President of SIA and a member of SI/Newport Harbor Area of Tustin, California. A member since 1982, she has held several leadership positions, including international program director; international board director, region governor; and club president and treasurer. Dawn Marie retired in 2014 after serving as the director of the South Coast Region project for the state of California. She holds a Master of Science Degree from Cal State University, Fullerton, and a Bachelor's Degree in Social Ecology from the University of California. In addition to her Soroptimist activities, Dawn Marie also serves as a board member of the Global Center for Women and Justice, and Peppermint Ridge. She also volunteers with the Aldersgate United Methodist Church in Tustin, and the Crystal Cove Alliance.

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**REGION PROCEDURES
R-12**

- D. The voting members of Conference shall be the members of the Region Board and the accredited delegates of each club in good standing.
- E. A club shall be deemed in good standing if all requirements of the Federation Bylaws and Procedures as well as all procedures established by the Region Conference and Region Board have been met at the time its delegates register.
- F. Delegates:
 - (1) The delegates of each club shall be the President and two (2) active members.
 - (2) A delegate may represent only the club in which the delegate's membership is held.

STANDING RULES FOR REGION CONFERENCE

- 1. All voting delegates shall be seated together in front seats promptly at the beginning of each session.
- 2. The Agenda, as adopted, shall be the order of the day.
- 3. Changes in the Agenda may be made only by majority vote of the Conference.
- 4. After addressing the Chair and being recognized each delegate shall clearly state her name and name of her club.
- 5. A voting member may speak twice upon a subject and only for two minutes. Other members may speak once upon a subject for two minutes only.
- 6. Both delegates and non-voting members shall be allowed the privilege of the floor but precedence shall be accorded delegates.
- 7. No conference discussion may be released for publicity unless first approved by the Public Relations Committee.
- 8. All motions of any length must be submitted in writing to the Secretary at the time they are made. Forms are available.
- 9. All reports shall be in writing and a copy handed to the Region Secretary at the time the report is given to the Conference.

*Central East Coast Region Governor
Deborah Mackes*

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INFORMATION FOR DELEGATES

The elected delegates should have a working knowledge of Soroptimist Laws, Region Procedures, the objectives and ideals of the organization, and experience as a member of club committees or of the board. Understanding parliamentary procedure, ability to work with others, and a spirit of good will and understanding will help the delegate, the club, and the Conference Body.

The Club President, who is a delegate and who serves as the leader of the clubs delegations, should:

- ✓ Allocate time at a business meeting to discuss topics in the agenda, so that a majority opinion expressed by the club will serve as a guide to delegates.
- ✓ Arrange with other delegates for dividing topics of the report on Conference to be given to the club.
- ✓ Schedule time at a post-Conference club meeting, as soon as possible after Conference, for delegates to present their reports.

Responsibilities of Club Delegates

Before Conference, each delegate should:

- Study the Call
- Be sure all reservations are sent in promptly
- Clarify financial responsibilities, according to club procedures
- Collect materials, etc. to take to Conference, including Soroptimist pin

During Conference, each delegate should:

- Register promptly
- Be on time to all sessions
- Attend all sessions
- Be prepared to write down important business proceedings and background information to report to the club
- Be familiar with and observe the Conference Standing Rules
- Participate in discussion and debate
- Vote with the club viewpoint in mind. If instructed by the club to vote a certain way, vote that way. If not instructed, use your best judgment, considering the best interests of your club and of the all clubs in the Region.
- Be willing to accept an assignment from the Governor if asked.

After Conference, each delegate should:

Prepare a report as instructed by the Club President. The following outline might be helpful:

- A. Action by Conference approving proposed changes in laws, the budget, or other matters presented to the voting body, and the reason for each action.
- B. Ideas for increasing club interest and support in attaining Soroptimist Goals.
- C. Summary of the workshops and committee presentations.
- D. The gist of speeches.
- E. A summary of proposals not approved by the Conference, and the reason for disapproval.
- F. Awards: who won them and why, hints for helping your club win next year.
- G. Your personal evaluation of the Conference.



2019 CENTRAL EAST COAST REGION SPRING CONFERENCE
Crowne Plaza Annapolis, May 3-5, 2019
Conference Registration and Meal Reservation Form
(Use one form per registrant: duplicate form as necessary)

Registration Deadline: To guarantee availability of meals, your registration form must be received by April 15, 2019.
Early Registration Deadline: To obtain the 'early registration' discount, your registration form must be postmarked by April 1, 2019.

Soroptimist International of: _____
Name of registrant _____
Address: _____
Phone: _____ (Day) _____ (Evening) _____ (Cell)
Fax: _____ E-mail address: _____

Type of Registration (check one):

- President
- President Alternate
- Delegate
- Club Member
- Registered Guest (receives conference materials/attends workshops – must pay registration fee below)
- Guest (attending meals only – registration fee not required)

Have you been a member 30 years or more? Yes No Member less than 1 year Yes No
Is this your first SAR/CECR spring conference? Yes No
Do you have any special dietary needs? Yes No
If yes, please describe: _____

Registration Fee (check one):

- Early registration fee (\$65)
- Registration fee (\$75) – Postmarked after April 1, 2019

Meal reservations (check all that apply – if total meal package is chosen, do not check individual meals);

Total meal package (\$156.00) – ***Please check Saturday banquet selection below***

Saturday banquet selection – **must choose one** **Onion/Bacon Encrusted Salmon** **Duroc Pork Chop**
 Friday banquet (\$50.00) Saturday lunch (\$30.00) Sunday Brunch (\$26.00)
 Saturday Banquet (\$50.00) check banquet selection above

Grand Total enclosed: \$ _____ (make check payable to: CECR Spring Conference 2019)

Refund policy: Refunds on conference registration will be honored only due to emergency situations. Requests for registration fee refunds

Must be received in writing by the Registration Committee no later than April 21, 2019.

Requests for refunds on meals must be received by the Registration Committee no later than April 21, 2019.

Monetary refunds will be provided by the Conference Treasurer upon approval by the CECR Governor.

Mail form and check(s) to:

Louise Skinner
2316 McGinnes Road
Chestertown, MD 21620
410-708-5301
weasie100@yahoo.com

**CENTRAL EAST COAST REGION
2019 Spring Conference Meals**

Friday, May 3, 2019

“Chesapeake Comfort Buffet”

**Maryland Cream of Crab Soup – Beef Stew Soup
House Salad**

White Corn on the Cobb

Maryland Fried Chicken Breast w/Creamy Old Bay Supreme Sauce

Maryland Crab Balls w/Cocktail & Tartar Sauce

Cole Slaw & Chesapeake Seasoned Potatoes

Dessert: Small Desserts

Buffet Served w/Fresh Baked Bread Rolls w/Butter

Regular & Decaf Coffee

Hot water & Tea

Iced Tea

Saturday May 4, 2019

“Awards Luncheon”

Plated – Chicken Picatta

**Dusted in seasoned flour then pan seared w/lemon caper beurre
Blanc served w/rice pilaf and Chef’s choice of seasonal vegetables**

Served w/Fresh Baked Bread Rolls w/ Butter

Regular & Decaf Coffee

Hot Water & Tea

Iced Tea

**Desserts: Mixed Choice (NY Cheese Cake, Chocolate Torte, Apple Pie, Pecan Pie,
Lemon Bars)**

Saturday Evening, May 4, 2019

Plated – 2 Options

Duroc Pork Chop

**Char-Grilled w/ Onion Cider pan jus & Crispy Onion Straws served w/ Mashed Potatoes and Chef's seasoned Vegetables
Onion – Bacon Encrusted Salmon**

Pan seared Salmon w/ Onion and Bacon Crust topped w/Lemon-Thyme Butter

served w/ Mashed Potatoes and sautéed Spinach

Served w/ Fresh Baked Bread Rolls w/ Butter

Regular & Decaf Coffee

Hot Water & Tea

Iced Tea

Dessert: Anniversary Cake

Ice Cream (Vanilla & Chocolate Flavors)

Sunday May 5, 2019

“Sunrise Breakfast Buffet”

Assorted Fresh Breakfast Bakeries – Pastries, Muffins, Bagels w/Fruit

Preserves, Cream Cheese & Butter

Country Fresh Scrambled Eggs served w/ Salsa & Cheddar Cheese

Crisp Bacon & Sausage Links – Home Style Breakfast Potatoes

Assorted Flavored Yogurts - Assorted Mini Boxed Cereals & Milk

Fresh French Toast w/ Warm Syrup

Apple, Cranberry, Grapefruit & Orange Juices

Freshly Brewed Coffee, Decaf Coffee & Herbal Tea

Central East Coast Region Spring Conference
May 3 – May 5, 2019
Annapolis, MD

CONFERENCE HOTEL INFORMATION



Crowne Plaza, Annapolis, MD

173 Jennifer Road, Annapolis, MD 21401

Tel: 410-266-3131

Welcome to the **Crowne Plaza Annapolis!** We are located near the excitement of downtown and historic Annapolis, sailing capital of the world. We're also conveniently located within walking distance to well-known chain restaurants and shopping at Westfield Annapolis Mall. In downtown Annapolis enjoy attractions like shopping, historic attractions and waterfront restaurants, United States Naval Academy, Maryland State House and more. The William Paca House, Rams Head Live, Sandy Point Park and Annapolis historic tours are also only minutes from the hotel.

Guests can enjoy remarkable amenities including family friendly accommodations, room service, flexible meeting space, sundry shop, restaurant, bar, sun deck, Jacuzzi and indoor pool. Guests can stay up to date on their fitness routines with our 24 hour Fitness Center and state-of-the-art equipment. We know how important it is to stay connected, that is why we offer complimentary high speed Internet access in all guest rooms. Begin your day with breakfast at our on-site restaurant, Annapolis Bar and Grill and relax in our indoor pool and Jacuzzi when you come home in the evening. Experience the beautiful Chesapeake Bay and many local historic attractions while traveling to Annapolis.

Central East Coast Region has secured a special group rate of \$129 per night, plus applicable taxes, at the Crowne Plaza. There is complimentary parking at the Hotel.

Reservations must be made by **Thursday, April 2, 2019** to receive the special rate. To ensure a hotel room, contact the Crowne Plaza (410) 266-3131.

Be sure to identify yourself as part of the "Soroptimist International of the America, Inc. Central East Coast Region" group.



**Central East
Coast Region
is hosting a
Denim &
Diamonds Event**

**May 3, 2019, Friday
Reception 5:30pm (cash Bar) & Dinner 6pm**

**Please join us for a night at the
Oscars,**

Scavenger Hunt and Trivia!



***Soroptimist International of the Americas
Central East Coast Region***

***Betty Jean (BJ) Cook
Governor's Club Achievement Award***

- ◆ The Club President must submit the club's entry for consideration
- ◆ Return this form with any supporting documentation
- ◆ Two awards will be presented
 - First place – Certificate and an IOU in the amount of \$100.00 from the Region to be used towards a club's LYD Winner. The IOU will be payable to the club when the winning club identifies to the Region who their LYD winner is.
 - Runner-Up – Certificate
- ◆ Entries must be sent by mail or email to the Region Governor, Deborah Mackes, by April 8, 2019

Club Name: SI of _____

Club President's Signature: _____ Date: _____

**IN A ONE-PAGE DOCUMENT, PLEASE WRITE ABOUT YOUR CLUB'S
GREATEAST ACCOMPLISHMENTS/ACHIEVEMENTS IN THE PAST YEAR.**

IF YOU HAVE ANY SUPPORTING DOCUMENTS, PLEASE INCLUDE THEM.

Deborah Mackes

Governor Central East Coast Region

12013 Fair Hill Lane

Manassas, VA 20112

deborahgura@yahoo.com

SI MID ATLANTIC ONLINE

2019 SPRING CONFERENCE PROJECT

Continuing to Provide Illustrated Dictionary of Everyday Things
for 2nd Grade children of Wimauma, Florida

“THANK YOU for your AWESOME response at last year’s Spring Conference. Even with a late start and little information, you purchased most of the Dictionaries needed for this grossly underserved Student Body that normally has only a 22% passing rate on 3rd Grade Reading Exams. If you could have seen, as I did, the ‘WOW’ looks on their little faces, the excitement of both teachers and school administrators, and all their thank you notes and reports of already improving reading scores – you would know how important it is that we do it again this year.”

June Wallace, SIMAO

THE PLAN

“Education is the key ... “ SIA website

Total number of dictionaries needed for the 2019-2020 school year is 450 –

Total number of members in our Region’s 20 clubs is 449!

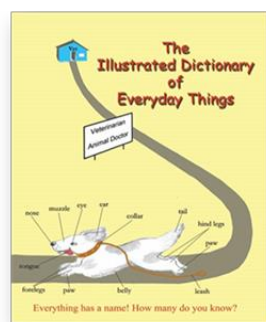
Step 1: Members and their friends purchase one or more dictionaries at a cost of \$7 per book or purchase a set of 10 books for only \$65.00. (This year we have included the price of a Teacher’s Guide for every 20 books purchased.)

- Donate online at <https://childrensliteracypublications.com/soroptimist-project.html>
- Donate at Conference by check payable to SI MAO with “Dictionary Project” in the Memo area and give it to Pat Witt or June Wallace.

Step 2: The Dictionaries will have a stamp or bookplate on the inside cover with SIA Logo and:

“This Dictionary was purchased for you by a member of Soroptimist International, in the hope that you will do well in school, so that one day, you will be able to do the same for another child who needs our best wishes.”

Step 3: The author of the book and/or June Wallace, member of SI/Mid-Atlantic Online and facilitator of “Wimauma Matters” Collaborative, will present the dictionaries directly to the students at a ceremony at the Wimauma Elementary schools.



“I am so looking forward to seeing your dream come true by having our 2nd graders receiving this helpful resource on a yearly basis ... thanks to the awesome donors.” Wimauma Elementary Asst. Principal

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**SOROPTIMIST INTERNATIONAL OF THE AMERICAS
CENTRAL EAST COAST REGION
NOMINATIONS FORM**

Office/Position Nominated For: CECR Nominating Committee
Candidate Name: Virginia “Ginny” Dempsey
Club: SI of Woodbridge
Mailing Address: 6501 Gretna Green Way, Alexandria, VA 22312
Telephone: (H) 703-642-2248 (O) 703-642-2328
Email: Vmdempsey@aol.com
Occupation/Business: Account Executive for Harper Engraving

SOROPTIMIST ACTIVITIES:

Year Joined: 2008
Club Offices Held: President 2011-2013; 2015-2016

Club Committee Chaired: DIBI; Co-Chaired Fundraising Committee for Fashion Show and Art Auction

Club Committee Participation: Fundraising, LYDA/VRA, Human Trafficking

Region Offices Held: None
Region Committee Chaired: Fundraising Chair (4 years); currently Program Chair

Region Committee Participation: Spring Conference
Region Meetings Attended: Fall and Spring Conferences

Federation Activities/Offices: None
Federation Meetings Attended: None

Soroptimist International Activities/Meetings: Attended CSW 59 – 61 at the UN in NYC; Visited SI Warsaw and Krakow, Poland in September 2015

Other Activities/Interests: Traveling, reading, studying history, art, exercise, and entertaining

Education: BA from Miami University, Oxford, Ohio 1975
Family: Husband, “Soroptimister” Rod Speer

I agree to submit my name as a candidate for the office identified above:

Virginia “Ginny” Dempsey

February 14, 2019

Name

Date

**CENTRAL EAST COAST REGION
2019 SPRING CONFERENCE
CLUB FUNDRAISING INFORMATION**



Club Raffle Registration

Club Raffles will again be held at this year's Spring Conference. Please let us know of your plans so we can be sure to call on your Club to pull the winning ticket at the Saturday evening Banquet.

We will have tables around the room during the Saturday business session for you to display your Raffle.

Register Your Raffle

Please note: we are not responsible for the security of your raffle prize.

Soroptimist International of: _____

Raffle Description: _____

Contact at Conference: _____

Please return this form by April 15 to Cindy Swicegood, 419 S. Commerce Street, Apt. A, Centreville, MD 21617 or cindyswicegood@yahoo.com



NEVER BEEN TO A SPRING CONFERENCE??

**2019 CENTRAL EAST COAST REGION SPRING CONFERENCE
MAY 3 – 5, 2019/ CROWNE PLAZA HOTEL, ANNAPPLIS, MD**

Are you a new or long-term Soroptimist and never joined other members of the Central East Coast Region at a Spring Conference?

Here's a chance you don't want to miss out!!!!

Region members registering as a first-time attendee for the 2019 Spring Conference in Annapolis, MD will be automatically entered in a drawing to win a "Soroptimist Fellowship" Award, which will entitle you to have your "Registration and Meal" package paid for by the Region.

The "Soroptimist Fellowship" awardee will be asked to do some social media coverage on behalf of the Region.

The "Soroptimist Fellowship" Award winner will be announced on April 15 and will be notified by the Central East Coast Region 2019 Spring Conference Registration Committee Chair.

THAT'S IT; IT'S THAT EASY!!

SEE YOU AT SPRING CONFERENCE!!!!



SOROPTIMIST
Best for Women



Celebration of Life Memorial Service



Central East Coast Region

If a Soroptimist member of your club has passed away within the past year (April 2018-April 2019), please complete this form and return it to the address listed below. We will Celebrate Soroptimist Life at the Sunday morning Memorial Service on May 5, 2019.

Name of Deceased Member: _____
*Please provide a picture if possible.

Club Name: _____
*If a member of more than one club, list other club(s)

Date of Death: _____
* Include copy of obituary, if available

Joined Soroptimist: _____ (year)

Occupation: _____

Club Offices Held: _____

Club Activities: _____

Community Involvement: _____

Biographical Information:

Honors and Awards: _____

Return form by April 15, 2019
Governor, Deborah Mackes
12013 Fair Hill Lane
Manassas, VA 20112
(703) 791-6982
deborahgura@yahoo.com

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FRIDAY MAY 3RD
EXCURSION
Tour Historic
Annapolis, MD
by Trolley



Meet in the Crowne Plaza Hotel Front Lobby: 1:25 PM

Trolley Departs the Hotel at: 1:45 PM and Returns at: 3:15 PM

Relax and tour the historic and scenic areas of Annapolis without having to drive, park or walk

\$17 per person*

***Please bring cash and tip the driver individually (min. \$3-\$5 each is suggested)**

Reservations with Check Must be received by Deadline: April 15th, 2019

Make checks in the amount of \$17.00 payable to: CECR Spring Conference

Mail to Laura Jones; 7918 Sly Fox Lane, Manassas, VA 20112

Contact: Laura Jones, laura.d.jones@aol.com; 703-407-88

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**Minutes of The Soroptimist International of the Americas
109th South Atlantic Region Spring Conference
April 27-29, 2018
Winchester, Virginia**

Friday, April 27, 2018

“Pajama & Pearls” Welcome Dinner and Game Night

Welcome to 109th Conference - Amy Harman, SAR Governor, SI/Hampton Roads welcomed attendees to the 109th SAR Spring Conference. Governor Amy announced that the Conference Fellowship winner is Molly Whetzel, SI-Williamsburg

Dictionaries for Wimauma, FL - Pat Witt, SI/Mid-Atlantic Online explained the club’s dictionary sponsorship service project

Bead Raffle Fundraiser was explained by Connie Skinner Morris, SAR Treasurer, SI -Kent & Queen Anne’s Counties

Laurel Society Lottery was explained by Virginia Dempsey, SAR Fundraising Chair, SI-Woodbridge

Evening Inspiration given by Betty Ann O’Brien, SAR Board Member, SI-Raleigh

Dinner

Trivia and Shenanigans - SAR Conference Committee

Sharing, Reminders & Concluding Remarks given by Governor Amy Harman

Saturday, April 28, 2018

Business Session

Call to Order - Amy Harman, SAR Governor, declared the 109th Conference of the South Atlantic Region of Soroptimist International of the Americas to be in session at 8:30 a.m. She invited SAR Board Member Sparkle Raymond of SI/Woodbridge to the podium to announce the state flags on the front table and lead the Pledge of Allegiance.

Introductions - SAR Governor Amy Harman presented the head table, which included Bonnie Dmonchuk, SIA Board Member and Federation Visitor. She recognized SAR Past Governors in attendance - LouAnne Hunnicutt, SI/Mid-Atlantic Online; Warie Brock, SI/Montgomery County; Gayle Griffith, SI/Cumberland; Louise Skinner, SI/Kent & Queen Anne’s Counties; Willie Mae McCracken, SI/Williamsburg; Robin Davis, SI/Alexandria. She also acknowledged Nora Blumenstein, SIA Program Director.

Official Greetings & Morning Inspiration - Kelly Pierce, SAR Secretary, SI/Prince George's & Anne Arundel Counties presented Official Conference Greetings from SIA President Dawn Marie Lemonds and shared excerpts from her letter.

Recognition of First Time Attendees & Members in Attendance with over 30 years of Membership - SAR Board Member Betty Ann O'Brien joined SAR Governor Amy Harman to acknowledge and present gifts to all first time attendees at Spring Conference. To those who have been members for less than one year, she applauded them for their inquisitiveness and early service to their clubs. To those two members, Board member Betty Ann presented a special gift from the Region. SAR Board Member Sparkle Raymond joined Governor Amy Harman to introduce those who have been members for 30 years or more. Those present represented 534 years of service and amazing dedication to the Soroptimist organization.

Preliminary Credentials Report - Louise Skinner, SAR Spring Conference Registrar, reported that there were 16 clubs in attendance, represented by 52 voting delegates, which constitutes a quorum that allows us to proceed with the business of the Region, upon acceptance of the Credentials Report. Board member Sparkle Raymond made a motion, seconded by Deb Moore, to adopt the preliminary credentials report as presented by the Spring Conference Registrar. All delegates voted in favor to adopt the report as presented.

Governor Amy Harman stated that Region procedures allow for the appointment of a parliamentarian, and that Past Governor LouAnn Hunnicutt is this biennium's parliamentarian. She also noted that the standing rules of the Region are printed in the Call to Conference. Governor-Elect Debbie Mackes made a motion to waive the traditional reading of the standing rules and accept them as printed in the Call to Conference. The motion was seconded by Vicki Latimer. All delegates voted in favor to waive the reading of the standing rules.

Reading of Official Call & Adoption of Agenda - Kelly Pierce, SAR Secretary said that in accordance with the bylaws of the Region, the official Call to Conference was emailed to all club presidents in the South Atlantic Region on February 23, 2018. This was over 60 days in advance of the Conference, exceeding the 45-day requirement set forth in the Region's governing documents. Secretary Kelly Pierce made a motion, seconded by Bev Moore, to dispense with the reading of the Official Call to Conference. All delegates voted in favor to waive the reading of the Official Call to Conference. Treasurer Connie Morris made a motion, seconded by Deb Keller, to adopt the Conference Agenda, plus any modifications as may be necessary to carry out the business of the Region. All delegates voted in favor to adopt the Conference Agenda, with modifications as may be needed.

Approval of Minutes of the 108th Conference - Secretary Kelly Pierce presented the minutes of the 108th Region Conference, as prepared and included in the Call to Conference and in the conference packets. She announced that the 108th Region Conference minutes were reviewed and approved by a committee comprised of the following members - Mary Duncan, SI/Woodbridge; Warie Brock, SI/Montgomery County; and Helen VanPelt, SI/Prince George's & Anne Arundel Counties. Secretary Kelly Pierce made a motion, seconded by Pam Sinclair, to approve the minutes of the 108th Conference. All delegates voted in favor to adopt the minutes as presented. Governor Amy Harman thanked those members for their willingness to serve.

Appointment of Committee to Approve 109th Conference Minutes - Governor Amy Harman announced the following members who have agreed to serve as the committee to review and approve the minutes of the 109th Region Conference - Bev Moore, SI/Frostburg; Helen VanPelt, SI/Prince George's & Anne Arundel Counties; and Warie Brock, SI/Montgomery County. Governor Amy Harman thanked these members for their willingness to serve.

First Report of Credentials Committee - Louise Skinner, SAR Spring Conference Registrar reported no changes in the report, therefore a motion was not required for approval.

SAR Financial Report - Connie Morris, SAR Treasurer reviewed the Region finances and reminded delegates that club, Region and SIA dues are due by July 1. She reminded everyone that SIA dues will increase, in accordance with the notice sent to club presidents in March. Treasurer Connie Morris answered questions regarding the sales table proceeds (\$2275), Federation Governors Roundtable Fees (\$3200), expenditures for travel and meals for SAR officers and board members, as well as the Spring Conference budget. Vicki Latimer made a motion, seconded by Warie Brock, to accept the SAR Financial Report. There was no further discussion and the motion passed. Treasurer Connie Morris then reviewed the 2018-2020 budget, a copy of which was provided to the delegates. She highlighted the Live Your Dream Budget of \$4000, and an increase in the Travel/Training line item of \$2000 for required international travel. Governor Amy Harman noted that the Region receives a \$5000 and \$3000 LYD award from SIA, and that the Region is increasing its award from one (1) \$1000 award to two (2) \$1,000 awards to equal \$2000 for each year of the 2018-2020 biennium.

Report and Proposal of SAR Nominating Committee - Janet Knisley, member of the SAR Nominating Committee, reported that from September 2017 through January 2018, the Nominating Committee sought leads and nominations of potential candidates for five 2018-2020 Region Board positions. January 15, 2018 concluded the submission period for nominations of candidates and the following nominations were received:

Governor-Elect (1 position) Laura Jones (SI/Mid-Atlantic Online) and Connie Morris (SI/Kent & Queen Anne's Counties)

Treasurer (1 position) Cheryl Walter (SI/Manassas)

Secretary (1 position) Betty Ann O'Brien (SI/Raleigh)

At-Large Board Members (2 positions) Roxanne Aaron (SI/Raleigh) and Deborah Keller (SI/Talbot)

Copies of their nomination forms were included in the Call to Conference. As evidenced by their nomination forms, all the candidates are members in good standing, with club and/or Region leadership experience. The Nominating Committee, led by Janet Knisley, made a motion that if there is a nominated candidate that is technically not eligible under the Region's current bylaws, such nominated candidate could be included on the ballot for election and, if elected, such election is accepted and the elected candidate installed as a member of the 2018-2020 Region Board. Shannon Culver seconded the motion. The motion passed.

Proposed Bylaws Change - Louise Skinner, SAR Laws & Resolutions Committee Chair

Governor Amy Harman led the presentation of the proposed bylaws amendment that was proposed by SI-Hampton Roads. There was a lengthy discussion about the requirements for election of SAR's Officers and the Governor and Governor-Elect's prior leadership experience in order to be elected to a leadership position on the SAR Board. Ware Brock moved that the matter be tabled and sent back to the Bylaws Committee for further review and rewording. There was further discussion. Shannon Cullifer, SI-Hampton Roads moved that the proposed bylaws amendment be accepted. The voting results were: 9 in favor, 34 opposed and 4 abstentions. The motion for the bylaws change was voted down.

Robin Davis then made a motion, seconded by Sparkle Raymond, for SI-Hampton Roads to work with the incoming Bylaws Chair to rework the proposal and possibly bring the matter back to membership at the 2019 Spring Conference.

Nominations from the Floor, Nominee Statements, Identification of Election Tellers - Governor Amy Harman read the nominations and asked if there were further nominations from the floor. There were none. Each nominee was invited to come forward and speak briefly about their history and Soroptimist and the reason for wanting to serve on the Region level. Governor Amy Harman stated that in accordance with the bylaws, she has appointed Past Governor Willie Mae McCracken, SI Williamsburg and Danielle Belgrad, SI/Montgomery County to serve as Election Tellers. Delegates were encouraged to vote during the morning break.

2018-2020 Proposed Budget - Treasurer Connie Skinner Morris presented the proposed budget for the 2018-2020 biennium, as was provided in the Call to Conference. She stated it is a balanced budget, with an expected rollover from the current biennium of \$15,900. She noted that the Violet Richardson Award will be discontinued in future years and that there will be an additional \$1000 LYD award given. Additional rollover funds will be used to cover the required travel and attendance costs of the SIA Convention in Japan, as well as the 2019 International Conference in Malaysia. Treasurer Connie Morris made a motion, seconded by Janet Knisley, to approve the 2018-2020 Budget. The motion passed by a majority of the voting delegates.

Proposed Resolution to Request Action by Federation - SAR Governor, Amy Harman presented approval of a resolution, which was included in the Call to Conference. It requests that the Region be authorized to officially request and authorize SIA to take such necessary steps to re-organize the Region and its clubs into a newly aligned Region that is under the umbrella of SIA's tax exempt status. She explained that the actions being taken by SIA, as it considers various Region's growth and statuses, is similar to region realignment that has taken place in the past. She said that SIA has on its July Board agenda to consider how it deems best to proceed with our Region, upon official request from the Voting Delegates. Their decision, directions and requests will be submitted to the Region and its clubs for approval. On behalf of the Region Board, Governor Amy Harman made a motion, seconded by Pam Sinclair, to approve the Resolution provided in the Call to Conference, requesting that SIA take necessary steps to organize the SAR into a new Region, and authorization for the Region and SIA to communicate with, and allow voting on requested actions by, the clubs in the Region and/or new Region via U.S. Mail, using membership addresses on record with SIA. After a brief discussion, the motion passed by a majority of the delegates present.

Break (Election Polls Open)

Region and Federation Reports

Federation Report - Bonnie Domonchuk, SIA Federation Director, SI/Cambridge, Ontario, provided updates on the Federation initiatives.

Final Report of Credentials Committee - Louise Skinner, SAR Spring Conference Registrar reported the following final numbers:

Club in Region	21
Clubs with Registered Delegates	17
Region Officers	4
Board Members	2
Club Presidents	16
Club Delegates	31
*Total Voting	53
Federation Visitor	1
Parliamentarian	1
Non-Voting Members	25
Registered Guests	2
Executive Director	0
Federation HQ Staff	1
*Grand Total	83

Luncheon

Afternoon Inspiration - Presented by Shannon Cullifer, SI/Hampton Roads.

Putting the Pieces Together: Live Your Dream Awards Ceremony

Governor Amy Harman, SAR Governor announced that Live Your Dream Awards of \$5,000, \$3,000, and \$1,000 were nominated by and presented to the following:

- SI/Williamsburg LYD Chair Jeanice Bryant presented to Alexandria C.
- SI/Upper Montgomery LYD Chair Kathy Schulz presented to Wubayehu G. Tegegner
- SI/Fairfax County LYD Chair Jan Cross presented to Claudia Canelas

Award Ceremony Closing Remarks - Governor Amy Harman thanked the Region clubs who participated and noted that 18 clubs in the Region honored 30 women with \$43,500 in LYD grants this year.

Putting the Pieces Together: Use the Dreams Programs to Make A Difference

Governor Amy Harman introduced the panelists who presented information and led a discussion on how SIA programs impact the lives of women and girls in our communities. The panelists were:

- Nora Blumenstein, Program Director, Soroptimist International of the Americas, Liveyourdream.org
- Geri L. Sliffman, M. Ed., College-Career Coordinator, Gaithersburg High School
- Dr. Kimberly Mehlman-Orozco, Human Trafficking Expert & Author, Member of SI/Woodbridge

State of the Region Report - Amy Harman, SAR Governor acknowledged clubs that stood out for their exemplary 2017-2018 projects or activities that were in line with the Region's theme of Working Together and/or its strategic plan, issued Certificates of Recognition (these were not participation certificates). **ALL CLUBS** that had reported or communicated with the Region since July 1, 2017 received at least one recognition certificate from the Region Governor, as each in their own way stood out for something. Governor Amy Harman also recognized all members in the Region celebrating 5, 10, 15, 25, 30, 35 and 45 years of Soroptimist membership during the 2017-2018 club year and identified the 10 members in the Region with the longest terms of membership, which ranged from 47 to 54 years of service.

SAR 2018-2020 Biennium Elections: Governor Amy Harman invited Past Governor Willie Mae McCracken to come forward and announce the election results. She stated that the winner of the election for the 2018-2020 Governor-Elect is Connie Morris. Willie Mae McCracken then asked that, in accordance with Region Procedures, that she be given permission to destroy the election ballots. There was no discussion and the consensus was unanimous to allow the destruction of the ballots from this year's election.

SAR's Elected Officers for the 2018-2020 Biennium are:

Deborah Mackes – SI/Manassas - Governor
Connie Morris – SI/Kent & Queen Anne's Counties - Governor Elect
Betty Ann O'Brien – SI/Raleigh - Secretary
Cheryl Walter – SI/Manassas - Treasurer
Roxanne Aaron – SI/Raleigh - Board Member
Deborah Keller – SI/Talbot County - Board Member

South Atlantic Region Installation Banquet

Presentation of the Colors: Jason Gandy, Jackson Gandy, Harper Gandy and Lyla Gandy

SAR Presidents and Board Procession presented by Jamillah Dalton, SI/Manassas

Evening Inspiration presented by Sparkle Raymond, SAR Board Member

Recognition of Club Anniversaries presented by Amy Harman, SAR Governor

Dinner

Installation of 2018 - 2020 Officers conducted by Sylvia Winterling, Past SIA Board Member and Past SAR Governor, SI/Alexandria

Incoming Governor's Address given by Deborah Mackes, **Governor 2018-2020, SI/Manassas**

Bead Raffle, Laurel Lottery Drawing & Raffles conducted by SAR Board and Club Representatives

Concluding Remarks – Governor Amy Harman acknowledged this year’s Conference Planning Committee – Robin Davis, Louise Skinner, Ginny Dempsey, Deborah Mackes and Connie Morris. She asked them to stand and thanked them for their hard work in planning, organizing, and running the weekend’s events. She also acknowledged the Conference Sub-Committees and volunteers and asked them to stand – members of SI-Kent & Queen Anne’s Counties and SI-Manassas. Jamilah Dalton, SI/Manassas and Willie Mae McCracken, SI/Williamsburg.

Sunday, April 29, 2018

Celebration of Life Memorial Service – Presented by SI/Manassas

Celebration Awards Brunch

Opening Remarks - Governor Amy Harman began by thanking and acknowledging the Conference Planning Committee and their subcommittees for their time, effort and enthusiasm in putting together this year’s Spring Conference.

Governor Amy Harman also presented certificates and gifts to all members serving the Region during the 2016-2018 biennium as a Club President, Region Committee Chair, or Region Board member.

Inspiration was given Warie Brock, Past SAR Governor, SI/Montgomery County.

Brunch - Governor Amy Harman invited members of SI/Mid-Atlantic Online to come Forward and talk about their project for this year. Glenda Hodges and Pat Witt discussed the club’s Dictionary Project for Literacy and thanked all present for their donations and support.

Bennie Mendelson Award - Presented by Robin Davis, Past SAR Governor, SI/Alexandria. She explained that this award is given to the club with the most members at Spring Conference. This year’s Runner Up is SI/Kent and Queen Anne’s Counties; and the Winner is SI/Cumberland for a second year!

Recruitment Bowl – Presented by Connie Morris, SAR Treasurer to SI/Upper Montgomery County who recruited 17 new members this year.

Celebrating Success Awards – Presented by Laura Jones, SI/Mid-Atlantic Online and Betty Ann O’Brien, SAR Board Member, SI/Raleigh. The following award recipients were chosen by judges from SIA’s Southern Region:

- Fundraising SI/Upper Montgomery County for 53rd Annual Gala
- Membership SI/Talbot County for 5th Annual Jigsaw Jamboree
- Program SI/Upper Montgomery County for Dream It Be It program
- Public Awareness SI/Upper Montgomery County, with Honorable Mention to SI/Kent and Queen Anne’s Counties

B. J. Cook Governor’s Trophy – Governor Amy Harman said this award honors efforts in each of the four pillars as established by Federation. Nine clubs submitted entries for consideration this year. Amy then acknowledged the First Runner Up as SI/Raleigh and presented the 2018 Governor’s Trophy to the winner, SI/Upper Montgomery County.

Recognition of Region Leadership & Individual Contributions to the Region - Governor Amy Harman presented Club Participation Certificates to those clubs that conducted Live Your Dream Award and Violet Richardson Award programs this club year. Club Participation certificates for Dream It, Be It and Club Giving were **NOT** given out because this year's reporting deadlines are not for another month. The Region-issued participation certificates for DIBI will be distributed to participating clubs at or before Fall Meetings; and SIA-issued participation certificates for LYD, DIBI and Club Giving will be issued this Fall. Clubs that have completed a DIBI program thus far during the 2017-2018 club year and reported it, either officially (with the proper transmittal report) or unofficially via communications to the Region Governor, were listed during the State of the Region, as were those clubs that contributed to Club Giving before April 15, 2018.

Announcements, Reminders & Invitations

Ginny Dempsey, SAR Fundraising Chair
Johann Dretchen, SAR Dream It Be It Chair

Governor Elect Deborah Mackes announced upcoming dates for members to take back and share with their clubs.

- August 15 - SAR 2018/2020 Biennium Kickoff Conference Call. Two sessions offered at 10 AM and 7 PM. Dial in information will be forth coming.
- SAR Leadership Training will be offered by way of pre-recorded webinars that are being developed by SIA. More information will follow as details are worked out.
- Annual Fall Meetings - Saturday October 13 hosted by SI/Alexandria, VA and Saturday October 20 hosted by SI/Havre de Grace
- The 2019 Spring Conference in Annapolis, MD. Details to follow.

Governor Elect Deborah Mackes proposed that the 2020 Spring Conference be held in Ocean City Maryland. There was no discussion. The proposal was unanimously approved by those present.

Governor Amy Harman announced that Robin Davis will be installed as a Federation Director for 2018-2020 at the July Federation Convention in Japan. Federation Director Bonnie Domonchuk provided information about the Federation Convention in Japan in July and encouraged members to attend.

Soroptimist Pledge - Led by Federation Director Bonnie Domonchuk. Governor Amy Harman adjourned the 109th Annual South Atlantic Region Conference at 10:45 a.m.

Respectfully Submitted,
Kelly L. Pierce, SAR Secretary

CREDENTIALS FORM

*Central East Coast Region Spring Conference
May 3 – May 5, 2019
Annapolis, MD*

Upon arrival at Spring Conference, a valid Credentials Card will be issued to each delegate at registration. Please complete the information below and present this form at the time of registration.

Club: SI of _____

Designation: P (President)
 P/A (President /Alternate)
 D (Delegate)

Remember:

Each club is entitled to a total of three (3) voting members - including two Delegates and either President or President/Alternate.

Name: _____
 (Type or print)

Designation: _____
 (P, P/A, D)

Name: _____
 (Type or print)

Designation: _____
 (P, P/A, D)

Name: _____
 (Type or print)

Designation: _____
 (P, P/A, D)

Signed: _____ Date: _____
 (Club President)

Signed: _____ Date: _____
 (Club Secretary)

Note: Both Club President and Club Secretary must sign this Credentials Form.