Pre-Survey of Participants

**1--------------2--------------3--------------4--------------5**

**not at all quite a bit**

Do you feel prepared to pursue your career goals? \_\_\_\_\_

**EXPLORING CAREERS**

Do you have access to professional role models? \_\_\_\_\_

Can you connect personal values with possible careers? \_\_\_\_\_

Are you comfortable creating achievable goals? \_\_\_\_\_

Can you identify obstacles to your success? \_\_\_\_\_

Do you understand the importance of resilience? \_\_\_\_\_

Are you satisfied with the way you manage stress? \_\_\_\_\_

How familiar are you with the opportunities that exist for:

educational and training schools \_\_\_\_\_

applying for financial aid \_\_\_\_\_

finding local career opportunities? \_\_\_\_\_

What are 3 things you expect to get out of the class?

1.

2.

3.