Soroptimist 2015 South Atlantic Regional Spring Conference "Communication is the Key"

Intergenerational Communication Presented by: Amanda Deverich, LMFT





"I remember a specific moment, watching my grandmother hang the clothes on the line, and her saying to me, 'You are going to have to learn to do this, ' and me being in that space of awareness and knowing that my life would not be the same as my grandmother's life."

Note what is being said. How is it said? What is being heard? What is not being said? Who is right?



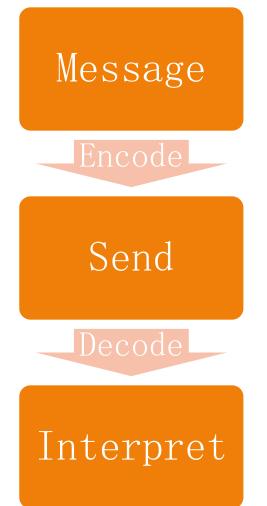
-Oprah Winfrey

# We will cover

- Two components of intergenerational communication:
  - Life Cycle Stage
  - Generation
- Compare and contrast how lifecycle stage and generation influences communication
- Message styles and their impact
- Application of information
  - In communication scenarios
  - Soroptimist specific scenarios

## Communication Cycle 101





#### Intergenerational Components

- Life Cycle stage
  - Universal
  - Lifespan



- example: how/if to partner
- Foundational framework driving behavior
- Cohort Generation
  - Specific
  - "My Generation"





example: how/if to partner

 Events, experiences & attitudes influence behavior We all go through it...

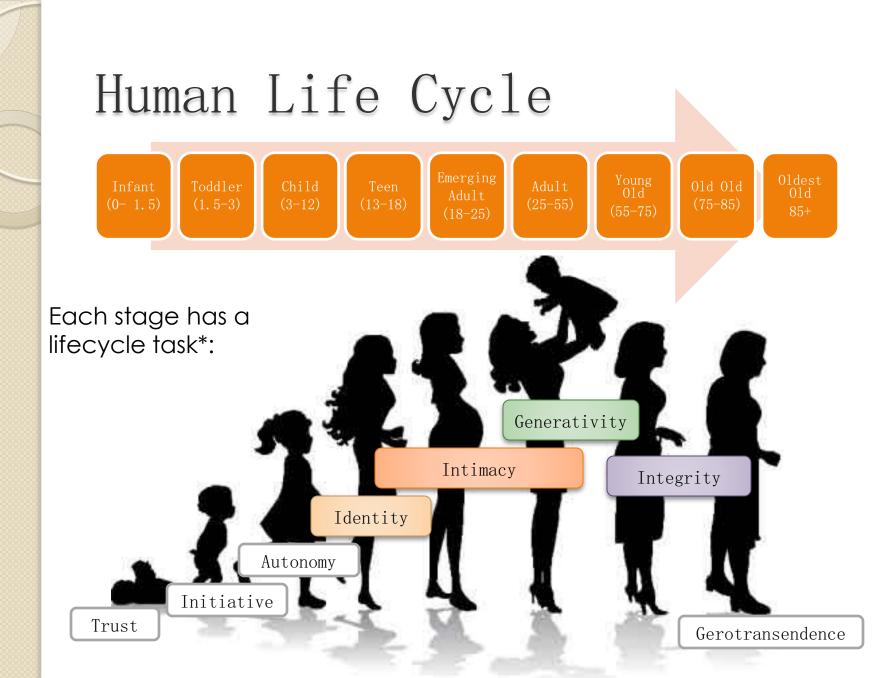
#### HUMAN LIFE CYCLE

#### Life Cycle stage matters

- Determines our focus
- Influences
  - Perspective
  - Understanding
- Frames ageism



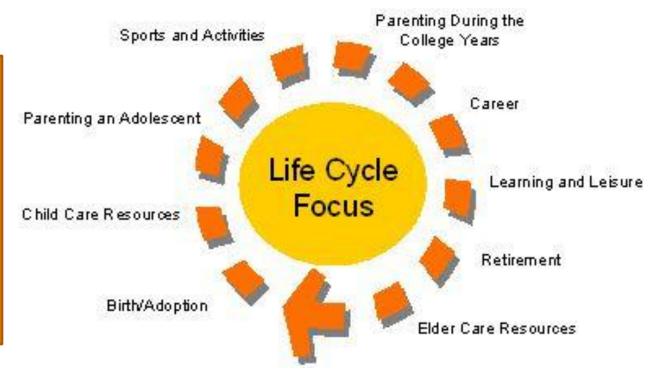
- "Nobody" wants to be "old"
  - Is this true???
- Which age group is most "ageist"?



\*Erik Erikson's Stages of Human Development

## Example: Life Cycle Focus

Consider women's lifecycle focus when communicating, serving, and recruiting.





# Apply learning

- Look at your table, where are you in the life cycle? Where are others?
- If you don't have someone of another life cycle stage, imagine you did.
- What are the likely focuses?
  - What topics of conversation would be of mutual interest?
  - How might you bridge the stages?

Introducing...

#### ° THE FOUR GENERATIONS



#### Generation matters

- Events and conditions during our formative years
  - Defines who we are
  - Shapes our view
- Changing demographics
  - Living longer
  - Intermingling more
  - Less hierarchy

#### THE FOUR GENERATIONS

The Veterans



1960-1980

#### WHAT STRIKES YOU ABOUT THE TREND OF THESE PHOTOS?

1980-2000

## The Veterans



1922-1945

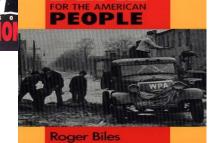
- "The Greatest Generation"
- "The Silent Generation"

## The Veterans Events

- Great Depression
- New Deal
- WWII
- Korean War
- Atomic Bomb

How would these events shape you?









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## The Veterans Values

- Hard Work
- Frugality
- Dedication & Sacrifice
- Honor/Respect for Rules
- Sacrifice



"Duty, Honor, Country. Those three hallowed words reverently dictate what you ought to be, what you can be, what you will be."

Douglas MacArthur

### Veterans characteristics

- Leadership style
  - Direct, Command & Control
- Communications
  - Formal/memo, One on One
- Interaction
  - Individualist
- Other
  - No news is good news
  - Experience is respected
  - Education was a dream
  - Save \$, pay with cash
  - Traditional family

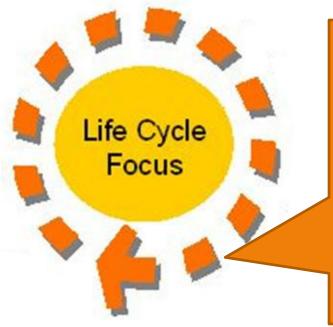
# More about the Veterans

- Conservative somewhat dressy clothing
- Neatly trimmed hair
- Marx Brothers,



- Rat Pack, Big Bands, Big cars
- Sex on the honeymoon
- Heroes: FDR, Superman, Patton
- Memorabilia: Juke Boxes, Lone Ranger, Charlie McCarthy

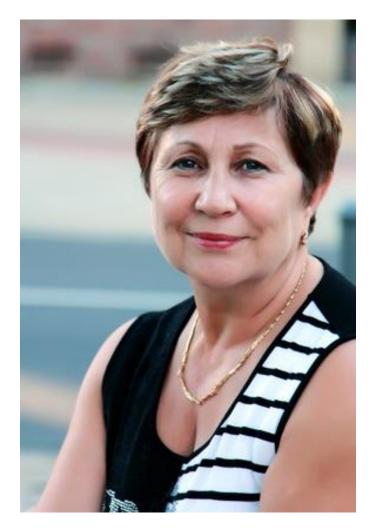
## Veterans Life Cycle Focus



Integrity: •Retirement •Managing income & expenses •Estate planning •Marital/family relationships •Medical issues •Grandparenting



## The Baby Boomers

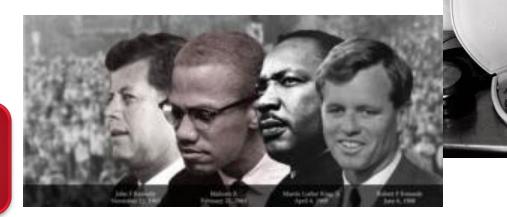


- "The Me Generation"
- "Boomers"

1945-1960

## Baby Boomers Events

- Civil Rights
- Space Travel
- Cold War
- Sexual Revolution
- Assassinations



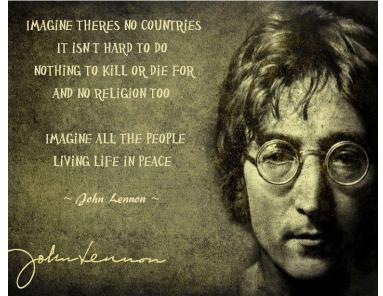




How would these events shape you?

# Baby Boomers Values

- Individual Choice
- Community Involvement
- Self-actualizing
- Health and wellness
- Prosperity
- Ownership



## Boomers characteristics

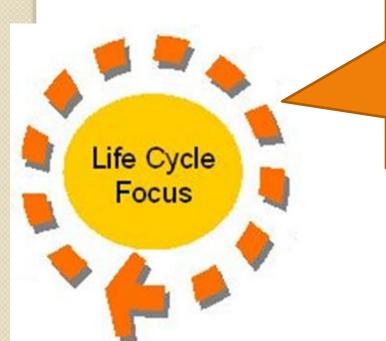
- Leadership style
  - Consensual, Collegial
- Communications
  - In person
- Interaction
  - Team player, loves meetings
- Other
  - Love title recognition
  - Money
  - You are valued & needed
  - Education is a birthright
  - Family disintegration
  - Buy now pay later
  - Affluent

## More about the Boomers

- Longer hair
- Designer suits & glasses (trendy)
- Beatles, Lassie, Drive in, Mickey Mouse Club, M\*A\*S\*H
- Sex in the back seat
- Heroes: JFK, MLK, John Glenn, John Lennon, Gandhi
- Memorabilia: TV Dinners, Fallout shelters, Hula Hoops, Peace Sign, Poodle skirts



### Boomers Life Cycle Focus



Generativity/Integrity:
•Savings & debt management
•Retirement
•Estate planning
•Anxiety/depression/selfesteem
•``Sandwhiched'' or
Grandparenting



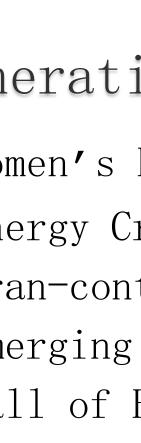


#### Generation X



1960-1980

- "The MTv Generation"
- "Xers"



How would these events shape you?



was authorized to do everything

# Generation X - Events

- Women's Liberation
- Energy Crisis
- Tran-contra
- Emerging Technology
- Fall of Berlin Wall
- MTV









- Diversity
- Techno Literacy
- Fun & Informality
- Self-reliance/autonomy
- Friends, not family
- Pragmatism



#### Gen X characteristics

- Leadership style
  - Everyone is the same
  - Challenge others
- Communications
  - Direct, Immediate
- Interaction
  - Entrepreneurial
- Other
  - Freedom is the best reward
  - Latch Key Kids
  - Money cautious. Save-save
  - Education is way to get there
  - Sorry to interrupt, but how am I doing?

# More about Generation X

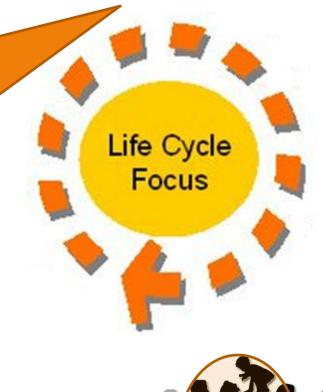
- May wear functional clothing
- Any hair style,
- Tattoos or nose rings
- Snoop Doggy Dog, Friends, 90210, Cosby
- Video Games
- Latchkey kids
- Malls
- Cube farms, career lattice
- Sex "On the Internet"
- Heroes: Michael Jordon, Ronald Reagan, Magic Johnson
- Memorabilia: Brady Bunch,
   Pet Rocks, Platform shoes,
   ET, Sesame Street, Cabbage Patch Dolls





### Gen Xer Life Cycle Focus

Intimacy/Generativity: •Single income with children •Savings •Divorce •Career vs marriage & family •Parenting- they do it •Relationships - Urban tribe







#### Millennials



1980-2000

- "Generation Y"
- "Echo Boomers"
- "Generation Next"



- 9-11,0klahoma City
- School Shootings
- Technology
- Clinton/Lewinsky
- Conservative Values









# Millennial Values

- Self-expression over self-control
- Marketing & branding self is important
- Violence is acceptable
- Fear living poorly (lifestyle)
- Respect must be earned



# Millenial characteristics

- Leadership style
  - TBD
- Communications
  - E-mail
  - Voice Mail
  - Cell phone (text, Facetime, Viber, Snapchat, Apps)
- Interaction
  - Participative
  - Exceptional Multi-taskers
- Other
  - Meaningful work
  - Whenever I want it I can push & click
  - Will work with other bright & creative people
  - Merged families
  - Earn money to spend it
  - Celebrate diversity, global perspective

# More about Millenials

- May wear retro clothing, "in style hair"
- Body piercing
- Dawson's Creek, The WB, Malcom in the Middle
- Life on the `net
- Sex- protected, love waits
- Heros: NYPD/NYFD, Parents,
   Mother Theresa, Steve Jobs, Tiger Woods
- Memorabilia: Barney, Mario Bros., Pokemon,Spice Girls,

true Love wo

 $\checkmark$ 



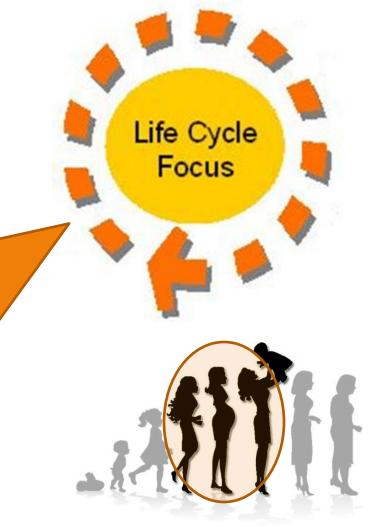
# Millenial Life Cycle Focus

#### Identity/Intimacy:

Debt management
Savings, loans, & credit
Financially dependent on family
Creating healthy relationships
Cohabitating is advantagous

Low emotional risk
Financially beneficial

Pregnancy



### Check in! • HOW ARE WE DOING?



• The events and conditions each of us experiences during our formative years help define who we are and how we view the world.







• What concerns a teenager does not concern a grandmother. The stages every human being goes through as they age is called:



Generational Change

- Which of the following identifies the four generations:
  - A. Veterans, Boomers, Xers, Generation Next
  - B. Silent Generation, Boomers, Xers, Echo Boomers
  - C. Greatest Generation, Me Generation, MTv Generation, Generation Y

ALL OF

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D. Veterans, Boomers, Generation X, Millenials

Putting it all together

# ° INTERGENERATIONAL COMMUNICATION IN ACTION

# Intergenerational Communication

The Veterans





Info flows in all directions. Successful communication lets every generation be heard. No one has all the answers. Appreciate diversity and unique contributions.

#### Millennials



Baby Boomers



# Generation Interaction

The Veterans



Baby Boomers



Veterans and Boomers tend not to challenge authority/status quo. Can confuse and cause resentment among Xers and Millenials.



Millennials



# Generation Interaction

The Veterans



#### Baby Boomers



Xers and Millenials have had different life experience and have not experienced some life stages and may fail to activiley listen to Veterans and Boomers missing info and guidance.



#### Millennials



# Generations in your Organization

- Veterans
  - Historians
  - Wealth holders
  - Keepers of organizations founding goals and beliefs
- Boomers
  - Optimists
  - Confident
  - Team builders
- Generation X
  - Autonomous
  - Adaptable/resiliant
  - Ethnically diverse
- Millenials
  - Tech natural
  - Not job loyal (opportunistic)
  - Prefer teams & diversity
  - Mattering

Baby Boomers





The Veterans





# Messaging across generations

#### • Veterans

- Seek no applause
- No news is good news!

## • Boomers

- Give feedback, receive little
- Feedback once per year & lots of documentation

## • Generation X

- Need positive feedback
- How am I doing?

## • Millennials

- Feedback at the push of a button
- Mistake silence for disapproval

## How does each generation respond to...?

- I remember when...
- Just do your job.
- You are right, but I am in charge!
- NO.
- The kid wants a promotion after six months on the job
- We going to adopt new software.



# Intergenerational Communication

The Veterans



Message style is important in intergenerational communication.





Baby Boomers







 Message styles that may appear informative and helpful to one generation might seem formal and "preachy" to another.

Which intergenerational combination supports this example?

# Message Style & Impact

 Critical information an "Xer" thinks is immediate and honest can seem hasty or even inappropriate to other generations.

> Which generation(s) would have difficulty with this style of feedback?

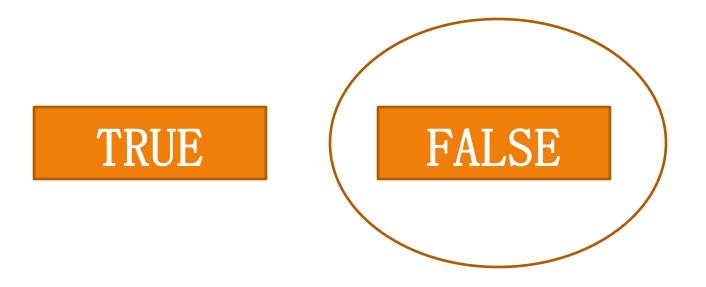
# Message Style & Impact

• Some older generations have been told that there is a time and place for communication. Younger generations haven't necessarily been taught this "rule."

Which generation(s) would
 have difficulty waiting
 for feedback?



• Message styles are fairly consistent from generation to the next.



• Communication across the generations has no real affect on the Soroptimist organization's recruitment, social functions, fundraising, project management or mission execution.







# Table Task

- Select one of the following areas and brainstorm how improving intergenerational communication can benefit The Soroptimists.
  - Recruitment
  - Social functions
  - Fundraising
  - Management/leadership
  - Mission execution
  - Other area of your choice

# Intergenerational Communication

The Veterans



Each generation brings unique gifts and talents. Successful intergenerational communication will maximize your talents.



Millennials



Baby Boomers



# Intergenerational Communication **REFLECTION**

# Intergenerational Communication- Reflect

<u>Note what is being said.</u> Life Cycle influences? Generation influences? How could it be different?

"I remember a specific moment, watching my grandmother hang the clothes on the line, and her saying to me, 'You are going to have to learn to do this, ' and me being in that space of awareness and knowing that my life would not be the same as my grandmother's life."



-Oprah Winfrey

# Questions? And thank you!

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